
MEALS IN MOTION

Specially created as box lunches, also available for buffet service. If you choose to pick up your order there is no service charge. Menu items marked "FTC" feature foods from our UM Farm to College Program and include products from Montana farmers, ranchers, and food producers.

Sandwiches

Sandwiches piled high with the finest ingredients on freshly baked bread. Meals include chips, whole fruit, cookie and canned soda or bottled water.

Ham (FTC) & Swiss: Local Redneck Ham sliced thin with Swiss on a sub roll. \$12.00

Turkey & Provolone: Turkey breast layered with provolone on a sub roll. \$12.00

Roast Beef & Cheddar: Roasted with salt and pepper served with sharp cheddar on a sub roll. \$14.00

Club: Locally produced ham (FTC), turkey, and bacon (FTC) with cheddar cheese and green leaf lettuce on a sub roll. \$14.00

Italian: Salami, capicola, pepperoni, provolone cheese, greens, tomato, and red onion on a fresh ciabatta roll. \$14.00

Vegetarian Wrap (V): Basil pesto (FTC) with sprouts, tomatoes, grilled zucchini, provolone, and red onion in a garlic herb wrap. \$12.00

Gluten Friendly Wraps

Gluten friendly wraps are loaded with fresh ingredients and wrapped in a gluten friendly wrap. Meals include chips, whole fruit, a gluten friendly cookie, and canned soda or bottled water.

Ham (FTC) & Swiss (GF): Local Redneck Ham sliced thin with Swiss cheese. \$12.50

Turkey & Provolone (GF): Turkey breast layered with provolone. \$12.50

Roast Beef & Cheddar (GF): Roasted with salt and pepper. Served with sharp cheddar cheese. \$14.50

Club (GF): Locally produced ham (FTC), turkey, and bacon (FTC) with cheddar cheese and green leaf lettuce. \$14.50

Italian (GF): Salami, capicola, pepperoni, provolone cheese, greens, tomato, and red onion. \$14.50

Vegetarian Wrap (V, GF): Basil pesto (FTC) with sprouts, tomatoes, grilled zucchini, provolone, and red onion in a garlic herb wrap. \$14.50

ADD INDIVIDUALLY PREPARED SALADS TO YOUR MEAL:

Pasta salad (V): \$2.50 per person. Perfectly cooked pasta tossed with fresh vegetables and vinaigrette dressing.

Potato Salad (V, GF): \$2.50 per person. Freshly prepared potatoes (FTC), onions, celery, and eggs (FTC) folded into a seasoned mayonnaise dressing.

Veggies & Dip (V, GF): \$2.50 per person. The freshest veggies our chefs can locate, procured locally or from our campus gardens whenever possible. Served with ranch dressing.

Garden Salad (V, GF): \$2.50 per person. Crisp lettuce, tomatoes, cucumbers, and carrots. Served with vinaigrette.

Montana Grain Salad \$2.50 per person. An assortment of Montana grains, served chilled.

Broccoli Salad (V): \$2.50 per person. Broccoli florets, shaved red onion, cheddar cheese, Daily's bacon, dried cranberries, and sunflower seeds, tossed with a light dressing.

Salads on the Go

Fresh salads, individually prepared. Each entrée salad includes a roll, butter, cookie, and canned soda or bottled water. Add grilled chicken to any salad for \$3.50 per person.

Caesar: \$8.00 per person. Crisp romaine, parmesan, lemon wedge, and croutons, dressed with tangy Caesar.

Spinach Salad (GF): \$9.00 per person. Spinach, dried cranberries, sliced almonds, diced bacon, blue cheese, and poppy seed dressing.

Garden Salad (VGN, GF): \$8.00 per person. Spring mix, carrots, cucumbers, tomatoes, sunflower seeds, and balsamic dressing.

Heartland Salad (GF): \$9.00 per person. Iceberg lettuce with crisp bacon, hardboiled egg, green onion, and cheddar cheese with ranch dressing.

Southwest Salad (V): \$9.50 per person. Crisp romaine, roasted corn, black beans, red onion, tomato, cheddar cheese, and chipotle lime vinaigrette.